

The Positive For Life Foundation

Helping People Live Their Dreams Everyday!

The Mission of The Positive for Life Foundation is to provide individuals and organizations the resources to motivate and inspire people in the areas of self-esteem, positive thinking, goal-setting, and achievement so they can realize and live their dreams everyday!

The Positive for Life Expedition

Description: The Positive for Life Expedition uses a student's interest in sports and/or outdoor adventure to build character, achieve goals, overcome limits, and increase success in school or any other endeavor. The course is designed to provide motivation for kids regarding their personal growth and development. Positive, motivating, and encouraging principles from the works of coaches and motivators like John Wooden will be addressed as an important part of the program's objectives.

Goal Setting: Campers will be provided with a workbook for their use during camp and reference thereafter. The workbook contains "to the point" motivation and instruction on how to set and achieve goals. Specifically, campers will identify 2 goals that are important to them and then they will write a plan spelling out how they will achieve their goal and what they are willing to do in order to make it happen.

Location/Facilities: Campers will stay at the New Jersey School of Conservation facilities located on 240 acres in the Stokes State Forest in Sussex County New Jersey. Facilities include indoor sleeping quarters, outdoor challenge courses, hiking trails, a full service dining hall, and indoor learning centers.

Target Audience: The ideal campers for the program are boys and girls going into the 8th grade. The prospective camper population will ideally be comprised of a diverse population in every respect so the campers can learn from and assist each other as they grow and develop. We will be able to accommodate 30-40 campers. All camp costs are fully funded by the Positive for Life Foundation scholarships.

2020 Dates: Four days and three nights from Monday, July 27th to Thursday, July 30th.